

# RULH Middle School is celebrating October, the Month of the Young Adolescent!



The Month of the Young Adolescent (MOYA) is an opportunity to honor students from ages 10-15. The program highlights the unique characteristics and needs of young adolescents – middle school students. We are highlighting our students during this month to let them know that we respect them, support them and care about them.

## Expression from the Middle

Write a song, a poem, or an essay. Create a poster or other type of art showing what it's like to be a Middle Level Student. Projects are being worked on by grade levels by various teachers. Projects may also be created at home. The projects will be posted throughout the building during the month of October.



Think about it: If one of your parents switched places with you for a day like the mom and daughter in the movie *Freaky Friday*, what would be the biggest surprise and the biggest challenge your parent would face while being you for the day? During the month of October, parents are given the opportunity to take a walk in their child's shoes.

### October 3 – Kickoff to MOYA

- Brief presentation of MOYA before the students are released from the gym.

### October 3 - 7 Hobbies for the Young Adolescent

- Students are given the opportunity to discuss interests and hobbies with classmates during Flex. Student will be allowed to bring hobbies to school to present to his/her Flex class. **Please get the approval of your Flex teacher before bringing anything to class.**

### October 5 – International Walk to School Day

- If you live close enough to school and weather permitting, enjoy the use of our shared walk/bike path.

### October 10 – 14 Take a Walk in my Shoes

- Parents come to school from start to finish and participate as if they were a student.
- Parents, please call the office as soon as possible to schedule your day to walk in your child's shoes for a day. You may contact Ms. Gulley 937-795-8001 for more details.

### October 11 - Commit to be Fit

- Health fair focusing on healthy lifestyles. Nurses will be at the school to take blood pressure, height/weight, and body fat. Students will learn about good eating habits and exercises. The entire school will participate in a school-wide exercise day.

### October 14 – School Dance – Theme: '50s Sock Hop

- The dance is for middle school students from 3:30 to 6:00 at the middle school (\$4 admission and concessions will be sold.)
  - Students and staff may come to school dressed up for the '50s Theme or come as they are.

### October 18 – Dress your Best Day

- Students, please dress your best this day.

### October 19 – Lunch Special

- Special treat provided by the principal and teachers at lunch for all students.

### October 16 – 22 – Teen Read Week

- "Picture It" - Mrs. Asbury will have exciting things going on all week.

### October 24 – Assembly

- Sgt. Shawn Newman and Officer Herrera will be doing a drug awareness assembly along with his K-9 dog, Indy.

### October 24 – 28 Red Ribbon Week

- Details will be sent home later this month.

